



Professor Helen Herrman

MD, MBBS, BMedSc, FRANZCP, FFPH(UK), FAFPHM

Summary Curriculum Vitae

Qualifications and Background

I am an Australian citizen, educated in Australia and UK

- MD Doctor of Medicine, The University of Melbourne, Australia.
- MBBS Bachelor of Medicine and Bachelor of Surgery, Monash University, Australia.
- BMedSc Bachelor of Medical Science, Monash University, Australia.
- FRANZCP Fellow, The Royal Australian and New Zealand College of Psychiatrists (RANZCP).
- FFPH Fellow, Faculty of Public Health, Royal Colleges of Physicians, UK.
- FAFPHM Foundation Fellow, Australasian Faculty of Public Health Medicine, Royal Australasian College of Physicians.

Selected National Leadership and Academic Positions and Awards

- Professor of Psychiatry and Director of Research, Orygen Youth Health Research Centre and Centre for Youth Mental Health, University of Melbourne (2008–present).
- Director, WHO Collaborating Centre in Mental Health, Melbourne (1994–present).
- Practitioner Fellow, National Health and Medical Research Council of Australia (2010–2014) (competitive award for researchers from all fields of practice).
- Professor and Director of Psychiatry in The University of Melbourne and St Vincent's Health (SVH) (1992–2005), with responsibility for leadership of the clinical services and academic programs at SVH during development of an integrated community mental health service within Australia's national reform of mental health.
- Honorary Consultant Psychiatrist, St Vincent's Health Melbourne (2005–present).
- Director of Academic Programs, Australian International Health Institute, University of Melbourne (2005–2007).
- RANZCP: Founding Chair, Professional Relations Committee Australia (1996–2002); Co-Chair, Organising Committee for WPA International Congress of Psychiatry, Melbourne 2007.
- RANZCP College Citation 2010 for contributions to national and international psychiatry.
- Victorian Honour Roll of Women (Civil Award, State of Victoria), inducted 2013.

Selected International Leadership Positions and Awards

World Psychiatric Association

- **Honorary Fellow, World Psychiatric Association (WPA)** (2011–present).
- **WPA Secretary for Publications and member of Executive Committee** (2005–2011).
- **Convenor of WPA Taskforce for working with service users and carers** (2008–2011). This innovative program remains influential (see *World Psychiatry* 2010, October 2011).
- **Convener of Publications Taskforce on support for psychiatric research dissemination in low-and middle-income countries** (2008–2011). This effective program is well reported (see WPA website and bibliography) and ready to be extended.
- **Managing WPA publications program**, including editing or supporting publication of 16 WPA Wiley books (see wpanet.org/publications), and online publications (2006–2011).
- **Associate Editor, *World Psychiatry*** (2005–2011).
- **Member International Advisory Board, *World Psychiatry*** (2011–present).
- **Committee Member, Sections of Public Policy and Preventive Psychiatry** (2011–present).
- **Chair, Section on Public Policy and Psychiatry** (2002–2005).
- **Member, Operational Committee for Sections** (2002–2005).
- **Member, Institutional Program for Professional Development Young Psychiatrists** (2002–5).
- **Treasurer, Section of Epidemiology and Public Health** (1996–2001).
- **Co-Chair, Scientific Committee of major congresses 2006–2011 and member of Scientific Advisory Council major congresses 1999–2005.**

World Health Organization

Staff member, Director of WHO Collaborating Centre (see above), and consultant and adviser including:

- **Acting Regional Advisor in Mental Health, Western Pacific Regional Office, World Health Organization (WHO/WPRO), Manila** (February 2001–February 2002). During this time and subsequently I consulted on the development of community mental health services and mental health policy in China and other countries in the region.
- My work with WPRO Manila began in 1995 as Consultant to the Fifth Regional Coordinating Committee for Mental Health. In December 2003 I was invited to return to WPRO as Chair, Regional Consultation on Mental Health.
- On behalf of WPRO I was Consultant to the Government of Samoa, Apia in January 2003.



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- In October 2005 I was Chair, Consultative Meeting, WHO Kobe Centre, Japan.
- My work with WHO began as Chair, Meetings on Assessing Quality of Life in Health Care, Division of Mental Health, Geneva (1991–1993).
- I was Consultant, Practice of promoting mental health, MSD Geneva (2007–2008).
- I was invited to Regional Consultation, Eastern Mediterranean RO (EMRO), Cairo (May 2011).

Other

- President-Elect, Pacific Rim College of Psychiatrists (2012–2014).
- Vice President, International Association of Women's Mental Health (2013–present).
- Chair, Global Consortium for Advancement of Promotion and Prevention in MH (2008–2012).
- Regional Vice-President Oceania, World Federation for Mental Health (2007–2011).
- Vice President, International Federation of Psychiatric Epidemiology (2004–2009).
- International Distinguished Fellowship, American Psychiatric Association (2009–present).
- National Advisory Committee, China Program on Community Psychiatry (2005–2008).
- Lead Member, Expert Group, Australia-Japan Partnership in Mental Health Research (2003–2007).
- World Economic Forum's Global Agenda Council, Chronic Diseases and Conditions (2009, 2011).
- World Innovation Summit for Health, Qatar Foundation, Mental Health Panel (2013).

Scholarship in Psychiatry

- **Main fields:** Psychiatric epidemiology including mental disorders in homeless people and prisoners; clinical service development including community mental health and mental health in primary care; promoting mental health and preventing mental illness among marginalised groups including young people and women exposed to trauma.
- **My publications** include:
 - a) 200 peer reviewed scientific papers, editorials, book reviews and book chapters.
 - b) 8 edited books; 23 monographs and reports .
- **Scientific presentations** include frequent invited keynote, plenary and panel presentations at international congresses, and convenor of symposia, workshops and panel presentations.
- **Research grants:** Since 2008 a principal investigator on competitive research awards from Australian and Canadian governments and other sources totaling more than 12M AUD/USD. From 2011, a principal investigator on 5-year award of a Cooperative Research Centre from the Australian Government for youth, technology and wellbeing, with support of 27M AUD.
- **Other editorial contributions** include:

Editor, *Asia-Pacific Psychiatry* (2011–); **Associate Editor**, *World Psychiatry* (2005–2011); *Early Intervention in Psychiatry* (2007–), *Asia-Pacific Psychiatry* (2009–2011); **International Editorial Advisory Board**, *World Psychiatry* (2011–); *Israel Journal of Psychiatry and Related Disciplines* (2013–); *Psychiatria Danubia* (Zagreb 2012–); *L'Evolution Psychiatrique* (2011–); *les Annales Medico Psychologique* (2011–); *Middle East Current Psychiatry*, Cairo (2010–); *Taiwanese Journal of Psychiatry* (2012–); *Mens Sana Monographs* (2007–); *Indian Journal of Psychiatry* (2005–); *American Psychiatric Publishing Textbook of Psychiatry, Fifth Edition* 2008; **Editorial Board:** *Archives of Neuropsychiatry (Noropsikiyatriarsivi Turkey)* (2012–); *Shanghai Archives of Psychiatry* (2010–); *Advances in School Mental Health Promotion* (2008–); *Royal Australian and New Zealand Journal of Psychiatry* (1992–1998); *Journal of Mental Health* (1994–2002).

Additional National Honorary, Advisory and Consulting Positions

- Principal Committee, Prevention and Community Health, Australian NHMRC (2012–present).
- Specialist Medical Review Committee, Australian Government (2010–present).
- Committee Member, Australian Rotary Health Research Fund (1998–2005).
- Chair, Consumer Outcomes Project Advisory Group, National MH Strategy (1995–2000).
- Board of Trustees, Victorian Health Promotion Foundation (1995–2003, during the period mental health promotion became a main strategy).
- Board of Management, Jesuit Social Services, Australia (1994–2005).
- Mental Health Quality Assurance Committee, Department of Human Services Victoria, Australia, and Authorised Officer under the Mental Health Act (2000–2005).